

Remote Patient Monitoring Step-by-Step Guide



If your provider has prescribed you equipment for at-home monitoring, use this guide to install necessary software and get started. Your health information will only be available to you and your care team.

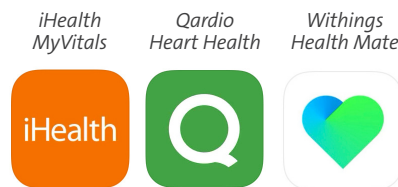
1 Download the My Duke Health app

Scan a code below to access it in the Apple App Store or Google Play store.



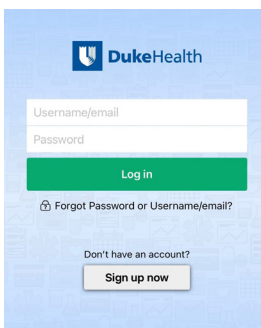
2 Download your device's app from the same store and set up an account

You'll find the name of the app you need in your package's quick start guide. Examples may look like this:



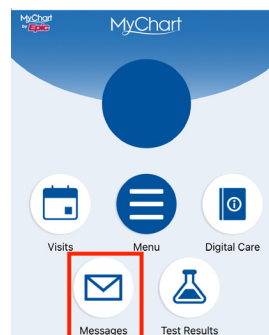
3 Open your My Duke Health app and log into Duke MyChart

You'll need to be logged in to sync your device and account.



4 Go to your MyChart messages

A note with a setup link will be sent to you to complete the syncing process.



5 Take your first measurement

Readings will automatically be sent to your accounts.

6 Open your device's app

Confirm your measurement appears in your profile.

Measurements taken at home are monitored periodically from 8:00 a.m. to 5:00 p.m. weekdays. They are not monitored 24/7 or on holidays. If you have a medical emergency, visit the closest emergency department or call 911.